



Planet Meditation Kit: How to Harness the Energy of the Planets for Good Fortune, Health and Well-being (Mixed media product)

By Harish Johari

Inner Traditions Bear and Company, United States, 2000. Mixed media product. Book Condition: New. 250 x 234 mm. Language: English . Brand New Book. Tantric tools for harnessing the planetary energies that balance the psyche and improve physical, mental, and spiritual health. * 9 full-color authentic Hindu yantra cards, 5 audiocassettes of mantras corresponding to the planets, and a 32-page booklet of charts and instructions in an attractive boxed set. * Tantric seers have used this system for thousands of years to restore well-being. For thousands of years, tantric seers have observed the powerful influence of cosmic forces on humankind. Understanding that all planets, as they orbit, transmit specific frequencies of energy that affect everyone and everything on Earth, these seers created a system by which to harness these energies for maximum human benefit. By manipulating light, color, and sound frequencies through chanting mantras and meditating on yantra designs, we can direct these energies to work in our favor. In The Planet Meditation Kit , Harish Johari makes available the tools we need to cultivate our own relationships with the planets-- especially the celestial bodies that have the greatest impact on our psyches and destinies. Complete with 9 full-color Hindu...



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Reviews

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