



## Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know

By Dr Meg Meeker

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. Drawing on her 30 years experience practicing pediatric and adolescent medicine, teen health expert Dr. Meg Meeker explains why an active father figure is maybe the single most important factor in a young woman s development. In this invaluable guide, Meeker shows how a father can be both counsel and protector for his daughter as she grows into a spiritually and mentally strong young woman. From cradling his newborn to walking her down the aisle, a father must relish his paramount responsibility guiding the course of his daughter s life. Meeker reveals: How a man can become a strong father How a father s guidance influences every part of a woman s life, from her self-respect to her perspective on drugs, alcohol, and sex How to lay down ground rules that are respected without creating distance in your relationship with your daughter Why you need to be your daughter s hero The mistakes most fathers make and their serious consequences How to help daughters make their own good decisions and avoid disastrous mistakes How a father s faith will...



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