



CAMBIA TU MENTE PARA CAMBIAR TU VIDA . Y CONSERVA EL CAMBIO: NUEVAS SUBMODALIDADES EN PROGRAMACIÓN NEUROLINGÜÍSTICA

By Steve Andreas, Connirae Andreas

Gaia Ediciones. Encuadernación de tapa blanda. Book Condition: Nuevo. El magisterio de Steve y Connirae Andreas es altamente reconocido por su integridad, eficacia y atención a los detalles, todo lo cual se refleja claramente en el presente texto. En esta obra se reúnen algunos de los patrones más potentes de la PNL, desarrollados por Richard Bandler, Ed Reese y los propios Andreas, patrones rediseñados en una sintaxis clara y elegante que permite que sean comprendidos en su totalidad y empleados con éxito, hasta el punto de que este libro se ha convertido exitosamente en un referente en todo el mundo. Por paradójico que parezca, el cerebro humano es el "único superordenador automantenido y para todo uso, manejado por un trabajador inexperto". Los patrones desarrollados por la PNL son esencialmente una especie de software humano para ese ordenador. El material que aquí presentamos explora los patrones mentales que definen quiénes somos y proporciona poderosas herramientas que permiten cambiar rápidamente comportamientos y actitudes indeseadas, superar limitaciones, acceder a estados alterados de conciencia y desarrollar aptitudes y capacidades. La mayor parte de este texto está compuesto por transcripciones de los cursos de Formación en Submodalidades Avanzadas que Steve y Connirae Andreas han impartido...

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